



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

YEAR AT A GLANCE:

December: Christmas Party and Adopt a Family
January: Winterfest Bake Sale
February: Education Contest, Pie and Pop Fundraiser with K of C
March: Easter Ham and Pie Raffle
April: Pillow Cleaning Fundraiser
Pregnancy Options Baby Shower
May: Crowning of Mary
Schoenstatt Retreat
June: CDA Salad Luncheon
Priest Appreciation
July: No Meeting
August: Potluck Picnic and Pillow Cleaning Fundraiser
Sacred Heart School Staff Luncheon

GABRIEL

COURT SACRED HEART #1424
WASECA, MINNESOTA

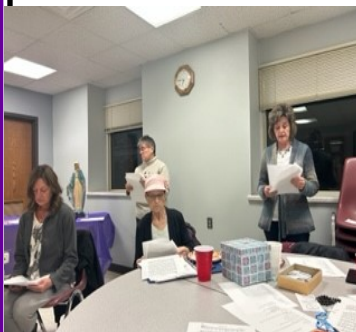


DECEMBER
2023

Next CDA Meeting: Tuesday December 12th. 6pm. Christmas Party Potluck with Games and Optional Craft. Treanor Campion Dining Hall at Sacred Heart Waseca.

Remembering Our Deceased CDA Members

At the November 2023 Monthly Meeting, Court Sacred had a memorial service for our deceased members. We had songs, prayer, and lighting of candles. Anne Clayton and Mary Knoll led the service, and Regent Pat Foley, lighted the candles. The members who passed away in the past year that we remembered are Helen Curran and Maureen Collins.



SOCKTOBER RESULTS!

CDA member, Jo Ann Earle who is pictured on the right is delivering the 749 pairs of socks we collected to keep feet warm in our community to the Neighborhood Service Center of Waseca to give away to those in need.



Letter from our Regent.....

Dear Sisters in Christ:

I hope that you had a blessed Thanksgiving and were able to celebrate it with the people you most love. We now move into the next season.... CHRISTMAS!!! Just mentioning Christmas can bring up so many different feelings, depending on where you are in your life or even just how you feel that day. Christmas can mean happiness, peace, family time, sharing, fellowship, beauty, decorations, celebrations, good food, etc. Christmas can also mean depression, loneliness, anxiety, overworking, fatigue, spending too much money, etc. If you are one of those in the first category watch out for those who are in the second category. Just a smile or an offer of help can make the day better for someone who is feeling anxious or overwhelmed. Sometimes, if you are the one feeling sad or lonely, going out and helping someone, or donating your time and talent to a project you support may help overcome those feelings. And remember to pray for those who are less fortunate than us. Even those of us who have little, have more than the poorest of the poor in the world. Let's remember how blessed we really are. I pray that you can make this Christmas one of peaceful family time, worshipping Christ our King who has come to us as a baby on Christmas morning.

In Unity and Charity;
Pat Foley, Regent
Court Sacred Heart #1424

Pork Belly Bingo!

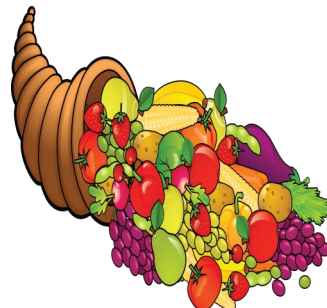
On December 10th, the Sacred Heart Catholic Church is having a fundraiser for the church bell/steeple. It will be at the Mill from about noon-4pm. There will be food, and bingo. We are looking for members of the parish to help with a bake sale there by donating baked goods and snacks to sell, and also volunteers to help sell the baked goods and snacks. If you are able to help please contact Sue Harguth at 507-461-2538.



Waseca is in Need!

Our local food shelf is in desperate need of donations! The Knights of Columbus is collecting food in a bin at church at Sacred Heart Waseca or donations can be brought to the Neighborhood Service Center in Waseca. Cash is helpful, but also here is a list of items most needed at the Waseca Food Shelf:

Ramen noodles
Spaghetti sauce
Canned fruit - and kind
Crackers
Granola Bars
Hamburger helper, Tuna helper, Pastaroni
Salad dressing or mayonnaise
Tomatoes and Tomato Sauce
Soup - any kind
Cake mix and frosting
Flour and Sugar
Tuna
Pasta Noodles
Cereal
Peanut Butter and Jelly
Instant Mashed Potatoes
Ketchup and Mustard
Macaroni and Cheese
Applesauce
Spam, or canned luncheon meat



CDA Officials

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CDA Minutes NOVEMBER 14, 2023

The regular meeting of Court Sacred Heart #1424 was called to order by Regent Pat Foley on Tuesday, November 14, 2023 at 7:42p.m. in the Parish Center dining room.

The Pledge of Allegiance was said.

Opening prayers led by Deb Wobschall

A Memorial Service for Deceased Members of Court Sacred Heart was led by Anne Clayton and Mary Knoll. CDA members who have passed away during the past year were specially remembered at this service. May they rest in peace and let perpetual light shine upon them.

Silent roll call of officers was taken. There were 5 officers and 11 members present.

A motion was made by Judy Thomas to approve the October minutes as printed in the newsletter. The motion was seconded and approved.

Correspondence was passed among members.

The treasurer's report was given by Carmen Battenfeld. We have a balance of \$10,466.38 in available funds.

Check #	To	Amount
5872	National CDA dues	\$918.00
5873	Leukemia and Lymphoma Society	\$100.00

No bills were presented by the financial secretary, Patty Masberg.

Reports of Chairmen:

Socketober - JoAnn Earle reported 749 pairs of socks were collected and donated to the Neighborhood Service Center in Waseca. She also shared brochures the Neighborhood Service Center distributes listing the services that are available. The Service Center and Food Shelf are in need of donated items and funds to keep up with the increase of families in need.

Financial Review - The review was on 10/24/23 with Bea O'Brien, Judy Thomas, and Shirley Skorczewski present. District Deputy Tracy Peterson reviewed the books from April - September and complemented the group on well kept records.

Unfinished Business:

National Budget - Lori Michelson will put together the budget that is paid out by our local court to the National Court.

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New Business:

December Super BINGO - Ann Clayton announced a Sacred Heart Church event on December 10, 2023 at the Mill called "Ring the Bell" BINGO to raise money to repair the church steeple. Early Bird BINGO is at noon and Super BINGO at 2pm. Early tickets for "Pork Belly BINGO" will be sold and qualify ticket holders for half a hog raffle. There will be another raffle for Amish cheesecakes. Sue Harguth and Linda Groh will chair and organize the bake/snack sale of items donated by any parish member.

Adopt-a-Family Christmas Gifts - Budget of \$225/about \$25 per person. Diane Ytuarte will do the shopping.

Nomination Committee - Members are needed in January to find nominees for the open offices of Vice Regent and Treasurer.

Leukemia and Lymphomas Walk - Linda Groh shared her experiences at the San Francisco half marathon she and Andy ran to raise money for the Leukemia and Lymphoma Society. We are proud of them and happy to support the cause.

Cassocks for Servers - Father wants to get servers involved with helping with Mass. The parish is in need of new cassocks and surplices. Judy Thomas motioned to match what the Knights of Columbus donate up to a total of \$1000. The motion was seconded, voted on and passed unanimously.

Christmas Party: Craft and Potluck - Our CDA party will be held on December 12th. All CDA members and guests are welcome. Patty Masberg has organized a craft - star wreath with Nativity scene ornament/bow - cost of about \$6-\$7. We will start at 6:00 pm with the potluck. Bring any dish, snack, dessert to share. Bring your own beverage. Plates and utensils will be provided. The craft will follow. Stay for fellowship and games.

Business from the floor:

NONE

Financial Secretary's Report:

Patty Masberg - Reminder to pay the court dues. Many have come in already.

Next meeting will be held Tuesday, December 12, 2023 for the Christmas potluck/craft/games.

Ending prayer led by Deb Wobschall.

The meeting was adjourned at 7:45 p.m.

Comments from Circle of Love Legislative chair Kathy Miller

Greetings Catholic Daughters

I would like to tag on to the email from Brandy Pelzel with some of my thoughts. As citizens we have co responsibility for the common good with our civil authorities. We are required to submit to their authority by paying our taxes, defending our country and exercising our right to vote. That said, we can certainly advocate for different policies guided by our Catholic moral teachings. It is our duty to properly form our conscience. We need to search out available tools for educating ourselves about Catholic moral teaching and to do so with docility, an openness to the Holy Spirit.

There are many outlets available to us, Catholic radio and TV and many You Tube and podcast options. I have found Father Mike Schmidt's pod casts to be very good. The Bible in a Year (BIY) and the Catechism in a Year (CIY) are both great. In a recent podcast from the Catechism in a Year, episode 291, Father Mike opined that the right to vote is more than showing up on election day and casting a ballot. It is vital to become knowledgeable about the candidates and their positions starting at the local level all the way to the national level.

We have a great resource in Brandy Pelzel, CDA state legislative chair. Use her links to follow what the Minnesota Catholic Conference is alerting us to. Life Site News is also a great place to follow. We have about 11 months before we vote again. Use the time wisely. It is your duty as a citizen, a Catholic one at that!

ANY WOMAN 18 YEARS OR OLDER, WHO IS CATHOLIC, AND DESIRES TO BE A MEMBER, MAY JOIN CATHOLIC DAUGHTERS.

CDA National News

The Walk for Life will be held January 19, 2024, in Washington DC. All CDA members are invited to attend and march together with your CDA sisters from around the United States. The headquarters for the march is at the Westin DC Downtown Hotel.

JCDA day is February 18, 2024. Junior Catholic Daughters was formed in 1926 as a faith-based program created for Catholic girls to practice the Catholic faith and live a life of service and charitable works.

Don't forget to fill out and return the survey to determine if CDA will continue to use the robes for ceremonial wear or change to a medal or sash. If you have misplaced your survey, please contact Pat Foley, so your voice can be heard. Deadline is January 31, 2024.

PRAYERS FOR THE LIGHTING OF THE ADVENT WREATH

WEEK 1: O Lord, stir up Thy might, we beg Thee and come. That by Thy protection we may deserve to be rescued from the threatening dangers of our sins and saved by Thy deliverance. Through Christ our Lord. Amen.

WEEK 2: O Lord, stir up our hearts, that we may prepare for Thy only begotten Son, that through His coming we may be made worthy to serve Thee with pure minds. Through Christ our Lord. Amen.

WEEK 3: O Lord, we beg Thee, incline Thy hear to our prayers and enlighten the darkness of our minds by the grace of Thy visitation. Through Christ our Lord. Amen.

WEEK 4: O Lord, stir up Thy power, we pray Thee, and come with great might to help us, that with the help of Thy Grace, Thy merciful forgiveness may hasten what our sins impede. Through Christ



The Advent Wreath Tradition & Meaning

For many Christians, Advent wreaths are a favorite way to celebrate the month of December leading up to Christmas Day. Although Advent Wreaths are very popular, many are not aware of the rich meaning and symbolism embedded in this tradition.

Darkness And Light

Advent candles readily demonstrate the strong contrast between darkness and light, which is an important biblical image. Jesus referred to himself as the "Light of the World" that dispels the darkness of sin: "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life" (John 8:12). As the Messiah's "Advent" (or "coming") draws nearer another candle is lit, with each candle dispelling the darkness a little more. It also reminds us that, as Christians, we're meant to shine the light of Christ in this world.

Shape, Number, And Color

SHAPE: The circular shape of the wreath, without beginning or end, symbolizes God's complete and unending love for us—a love that sent his Son into the world to redeem us from the curse of sin. It also represents eternal life which becomes ours through faith in Jesus Christ **NUMBER:** The Advent Wreath traditionally holds four candles which are lit, one at a time, on each of the four Sundays of the Advent season. Each candle represents 1,000 years. Added together, the four candles symbolize the 4,000 years that humanity waited for the world's Savior—from Adam and Eve to Jesus, whose birth was foretold in the Old Testament. Some Advent wreath traditions also include a fifth white "Christ" candle, symbolizing purity, that is lit on Christmas Eve or Christmas day. Many circular wreaths can incorporate a white candle by adding a pillar candle to the wreath center.

COLOR: Purple is a liturgical color that is used to signify a time of prayer, penance, and sacrifice and is used during Advent. Advent, also called "little Lent," is the season where we spiritually wait in our "darkness" with hopeful expectation for our promised redemption, just as the whole world did before Christ's birth.

During the first two weeks of Advent we light the first two purple candles.

- The **1st Sunday of Advent** symbolizes Hope with the "Prophet's Candle" reminding us that Jesus is coming.
 - The **2nd Sunday of Advent** symbolizes Faith with the "Bethlehem Candle" reminding us of Mary and Joseph's journey to Bethlehem.
 - On the third Sunday of Advent we celebrate that our waiting for the birth of Jesus on Christmas day is almost over. Rose is a liturgical color that is used to signify joy, so we light the single pink candle on the third Sunday of Advent. Then on the fourth Sunday of Advent, the final purple candle is lit to mark the final week of prayer and penance as we wait expectantly for the soon-coming birth of the King of Kings.
 - The **3rd Sunday of Advent** symbolizes Joy with the "Shepherd's Candle" reminding us of the Joy the world experienced at the coming birth of Jesus.
 - Then on the fourth Sunday of Advent, the final purple candle is lit to mark the final week of prayer and penance as we wait expectantly for the soon-coming birth of the King of Kings.
- The **4th Sunday of Advent** symbolizes Peace with the "Angel's Candle" reminding us of the message of the angels: "Peace on Earth, Good Will Toward Men."

Getting to Know Our Chaplain, Father Frerichs

By: Linda Groh



Father Glenn Frerichs was just installed as the chaplain of Court Sacred Heart CDA at the October meeting. He has been at Sacred Heart of Waseca and All Saints in New Richland since July of 2023. For his background, Father Frerichs was born in St. Paul, and when he was 7, his family moved to Little Falls near Randall, MN. He is the oldest of three children, and has a brother and sister. He lived on 20 acres, his father was a truck driver. Father Frerichs enjoyed outdoor activities of hunting and fishing. He went to Bemidji State University for Industrial Technology with an emphasis in architectural and prototype model building of prototypes of computers. He worked in Plano, Texas building on prototype models of computers and was also racing bicycles, when he got his call to priesthood.

He entered seminary in January of 1994 and started at Immaculate Heart of Mary Winona for one and one half years and then did the rest at St. Paul Seminary and was ordained May 27, 2000. He has been at a variety of parishes throughout his priesthood, and the list is extensive so to name a few, St. Francis of Assisi Rochester, MN, St. Ann of Janesville/Waldorf, Wabasha/Kellogg, Lewistown/Altura/Wilson. He also studied canon law in Washington DC at the Catholic University of America. He is currently involved in multiple committees for the diocese. He is on the Presbyteral Council which is a council of priests who advises the Bishop. He is involved for the diocese in canon law, judging cases for marriage tribunal, which is annulments.

Father Frerichs enjoys helping others in his ministry. He enjoys serving on the committees for the diocese and being involved in our local parishes visiting people and teaching faith to people of all ages. He enjoys doing into the school, and visiting the prison, and care centers.

As far as faith life Father Frerichs has been inspired by many saints, but who he has felt a strong connection with recently is Saint Thomas Aquinas. St. Thomas Aquinas combines the spiritual and scientific world. While Father Frerichs recovers from a brain injury, St. Thomas Aquinas's reading have helped him to make sense of his injury. It helped him in his healing because St. Thomas Aquinas describes faculties of the soul and how they relate to the body. St. Thomas Aquinas also gave him ideas of putting faith together how he lived out his faith devotion. Other Saints Father Frerichs is inspired by is St John of the Cross and St. Joan of Arc.

A devotion Father Frerichs recommends we learn more about is our Lady of Good Success. It was when the blessed virgin Mary appeared to venerable Maria Torres in Quito, Ecuador. The apparition happened in the 1600's but Mary spoke of the 1900's and the predictions were found to be correct.

Some hopes for our parishes Father Frerichs are a fostering of deepening of faith intellectually and devotionally. He wants to help people live out their Christian vocation in the world and create a parish that supports that for all ages and walks of life. He states that today's world has many stressors and distractions that keep people from living their faith. He hopes to promote the Mass, Penance, and Anointing of the Sick. The wants people to receive healing through these powerful sacraments.

Father Frerichs wants the parishes to know that he feels very welcomed by the Waseca/New Richland communities. He finds the communities to be engaging with a broad spectrum of ages and love for their school and missions and activities of each parish. He was impressed by the fall festival of both communities. He is also grateful and inspired with how well the parishes have been adapting to the merge and changing of mass times. He is looking forward to serving both communities.

Catholic Daughters Christmas Party 2023!

Come join us on Tuesday December 12th at 6pm at Treanor Campion Dining Hall to celebrate Christmas! Please bring a dish/snack to pass and be ready for a fun evening of games. If you would like to participate in craft please contact Patty Masberg at 507-461-3469. The cost for the craft is \$7-8. Here are some pictures of examples and do not worry, if you are not crafty, fellow members can help assist you with the craft so you will have a fun decoration for yourself or for a gift for a friend or loved one.



Smiles Are Contagious



Smiling is infectious, you catch it like the flu.
When someone smiled at me today,
I started smiling too.
I passed around the corner and someone saw my grin.
When he smiled I realized I'd passed it on to him
I thought about that smile, then I realized its worth.
A single smile, just like mine could travel round the earth.
So, if you feel a smile begin, don't leave it undetected.
Let's start an epidemic quick, and get the world infected. Anon.

Smile

*May the Joy of Our Lord, the light of His Love and the Bounty all around
lift & Strengthen YOU!*

A Christmas Prayer

The angel said to them, "Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people." -Luke 2:10

Beneath the light of a star, in a manger filled with hay, behold the Lord of the Universe.

You come to us not leading an army, but humble and small; You come to us not wielding power, but helpless and cold; You come to us not wealthy and famous, but poor and obscure.

Help us, Lord Jesus, to see You on this and every day: in the street and in our neighborhoods, in the hungry and in the poor, in the lonely and the deprived, in the infants and the elderly, and in each other.

Like the shepherds led by the star may we seek You daily, and serve you fully, for love alone.

Amen



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ADDRESS SERVICE REQUESTED

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